



# Ummeed goes to Kolkata!

## A short term training program in narrative ideas & practices

organized by  
Mental Health Foundation Kolkata

### DATES

**BLOCK 1: MAY 13TH TO MAY 17TH, 2019**

**BLOCK 2: NOVEMBER 11TH TO NOVEMBER 14TH, 2019**

### FACILITATORS

**RAVIRAJ SHETTY, OCCUPATIONAL THERAPIST**

**JEHANZEB BALDIWALA, DIRECTOR MENTAL HEALTH SERVICES**

The focus of the program is to explore richly the ideas and practices of the narrative approach to working with individuals, families, groups and communities. Our teaching hopes to reflect an approach which is interactive, collaborative, encouraging, rigorous, enjoyable and practice based.

### The course program includes:

1. Understanding and exploring the narrative metaphor and guiding principles of narrative therapy.
2. Skill development of the micro- maps of narrative practice, specifically externalising, reauthoring, remembering and outsider witness practices as described by Michael White and related to work in a variety of contexts and settings.
3. Collaborative learning and practice
4. A supportive teaching environment enhanced by regular peer meetings with a focus on practice and supporting each other's learning between the two teaching blocks

Pedagogy will include lectures reviewing stories of therapeutic conversations, transcripts, therapeutic letters, small group conversations, activities and interviews.

### WHO CAN APPLY?

**PEDIATRICIANS | PSYCHIATRISTS  
COUNSELLORS | SPECIAL EDUCATORS |  
SPEECH THERAPISTS | OCCUPATIONAL  
AND PHYSICAL THERAPISTS | TEACHERS**



**CONTACT: [trainingsatmhf@gmail.com](mailto:trainingsatmhf@gmail.com), +91 33 46021085**